

# NUTRITION SERVICES ASSISTANT I SAMPLE TEST BOOKLET

This sample test booklet was prepared to help you familiarize yourself with the written exam for the Nutrition Services Assistant I. The test has two sections: ability to follow written instructions and ability to make change.

Please note: Although the items in this booklet are a representative sample of each section, this booklet may not contain samples of every type of item that may be on the actual exam. Also, since you cannot use a calculator on the actual exam, you should practice making change without the use of a calculator.

## ABILITY TO FOLLOW WRITTEN INSTRUCTIONS

### Sunset School District Menu

Week of January 13

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Burrito (Grilled Cheese Sandwich) Corn – ½ Cup Apple Sauce – ½ Cup Chilled Strawberries – ¾ Cup	Macaroni & Cheese 1-#10 scoop Warm French Bread (Spagetti & Meatballs) Green Beans – ¾ Cup Fresh Fruit – ¾ Cup	Sloppy Joe on Wheat Bun (Corn Dog) Tossed Salad with dressing – ½ Cup Chilled Pears – ¼ Cup	Cheesey Nachos 1-#8 scoop (Hamburger) Veggie Stix with Dip – ½ Cup Fresh Fruit – ¼ Cup	Submarine Sandwich (Hot Dog) Potato Rounds – ½ Cup Mixed Fruit – ¼ Cup Birthday Cake

Menus subject to change without notice  
One-half pint milk served with each meal

1. For the week of January 13, what fruit is to be served on Friday?
  - A. Chilled Strawberries
  - B. Mixed Fruit
  - C. Fresh Fruit
  - D. Chilled Pears
  
2. How much Veggie Sticks with dip do you serve on Thursday, January 16?
  - A. ¼ Cup
  - B. ½ Cup
  - C. ¾ Cup
  - D. 1-#8 scoop

3. On Wednesday, January 15, what is being served?
  - A. Cheesey Nachos
  - B. Hot Dog
  - C. Corndog
  - D. Mixed Fruit
  
4. On Monday, January 13, how much corn will be served?
  - A.  $\frac{3}{4}$  cup
  - B.  $\frac{1}{2}$  cup
  - C.  $\frac{1}{4}$  cup
  - D. 1-#10 scoop
  
5. How much milk is served on Tuesday, January 14?
  - A.  $\frac{3}{4}$  cup
  - B.  $\frac{1}{2}$  pint
  - C. 1 - pint
  - D. No milk is served

**ABILITY TO MAKE CHANGE**

<b>MENU</b>			
<u>Item</u>	<u>Price</u>	<u>Item</u>	<u>Price</u>
Granola Bar	\$ .75	Yogurt	\$1.00
Tuna Sandwich	\$1.50	Koala drink	\$ .75
Chocolate Chip Cookie	\$ .50	Burrito	\$3.25
Milk	\$1.00	Salad	\$1.75
Hot Lunch	\$4.00	Low Fat Chocolate Milk	\$ .75
Apple Juice	\$1.00		

1. A student buys a burrito, chocolate chip cookie, milk, and a Koala drink. He gives you ten dollars. How much change does he receive?
  - A. \$4.50
  - B. \$5.50
  - C. \$6.50
  - D. \$7.00

2. A teacher buys a hot lunch, apple juice, and a granola bar. She gives you \$8.05. How much change do you give her?
- A. \$2.03
  - B. \$2.25
  - C. \$2.30
  - D. \$3.30
3. A student buys a tuna sandwich and a granola bar. She gives you two dollars. How much change does she receive?
- A. \$ .10
  - B. \$ .15
  - C. \$ .25
  - D. No change
4. A teacher buys a salad, a yogurt, and milk. He gives you \$5.50. How much change will you give him?
- A. \$1.75
  - B. \$2.25
  - C. \$2.75
  - D. \$3.75
5. A student buys a hot lunch and a salad. He gives you \$5.35 and decides he wants to also buy a granola bar. How much does he have to borrow from a friend to buy everything?
- A. \$ .40
  - B. \$ .75
  - C. \$1.00
  - D. \$1.15

## **ANSWERS**

### **Ability to Follow Written Instructions**

1. B
2. B
3. C
4. B
5. B

### **Ability to Make Change**

1. A
2. C
3. D
4. A
5. D