

**LIFEGUARD/AQUATICS ASSISTANT****DEFINITION**

Under the supervision of the site administrator, actively observes the safety and behavior of students and other children, staff, and members of the public using a community therapy pool; organizes, schedules, promotes and conducts aquatic programs for the general public; provides training and assistance for children and adults with disabilities; identifies and corrects unsafe behavior; rescues individuals, as necessary; assists with pool security; and performs other related duties as assigned.

The typical duties and employment standards are representative of positions within this classification. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential duties of the specific position.

**TYPICAL DUTIES**

Actively observes the therapy pool and users; stands or walks around, as necessary, to observe all areas checking for any hazards or obstacles on deck or in the pool; signals, whistles or otherwise calls attention to unsafe behavior. Provides assistance to people entering and exiting the pool as required. Rescues or assists individuals in danger of injury or drowning; administers first aid or cardiopulmonary resuscitation as necessary.

Organizes, schedules, promotes and conducts aquatic programs for the general public such as arthritis aquatics, water aerobics, exercise classes and swim lessons; provides assistance and training for children and adults with disabilities. Creates a positive environment that will foster confidence, safety and enjoyment of participation in water activities.

Maintains records on therapy pool use; documents accidents and injuries; collects pool fees, and answers inquiries from the public pertaining to pool regulations and facilities. Unlocks and prepares pool area for use; discusses current pool conditions with pool technician and reports any problems; pulls out emergency equipment and checks for safety; secures pool area after use; and performs other related duties as assigned.

**EMPLOYMENT STANDARDS**

**Knowledge of:** Needs of infants, children, and the community relating to water safety and recreation and to the special needs of those with disabilities and the elderly; principles and practices of advanced first aid; cardiopulmonary resuscitation, and water safety and rescue techniques; safety rules and precautions related to a swimming pool environment; swim instruction techniques; record keeping techniques.

**Ability to:** Relate well to children and adults with disabilities, elderly persons, infants, students and parents; organize, schedule, promote and conduct aquatic programs for the general community and for persons with disabilities; discern special needs of individuals and conform training and activities to meet given needs; observe pool activities preventing dangerous situations from developing and rescuing persons in distress; perform CPR and other life saving procedures; administer first aid to ill or injured individuals; lift individuals in and out of wheelchairs and in and out of the water; understand and follow oral and written directions; establish and maintain effective and cooperative working relationships with co-workers, site staff, students and others; maintain records; learn, interpret, apply and explain policies, procedures, rules and regulations; maintain certifications and current knowledge of program rules, regulations, requirements and restrictions.

## Lifeguard/Aquatics Assistant

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**Essential Physical Activities and Work Environment:** Sufficient stamina to swim and conduct exercises and activities relating to water safety and recreation and to bend, stand, sit, kneel, squat, climb and walk throughout the day; sufficient strength and finger dexterity to reach, grasp, lift, carry, and pull adults and children from the pool; sufficient vision to observe the pool area; sufficient hearing and speaking to give and receive information across the pool. Incumbents in this classification work in an outdoor pool environment and are in and out of the water all day.

**Required Background:** Successful completion of the required certification courses and lifeguard experience.

**Licenses and/or Certificates:** Possession of current/valid American Red Cross or equivalent certification in First Aid, CPR for the Professional Rescuer, Water Safety Instructor, and Lifeguard training. Incumbents may be required to obtain job-related certificates after appointment.

**Qualifications:** In order to be considered qualified for a vacancy in this classification, a candidate must possess the required background and successfully demonstrate such background, knowledge, skills and abilities through an examination process.

RP: Approved by the Personnel Commission on June 7, 1990

Revised by Jean M. Welser and approved by the Personnel Commission on May 17, 2001.

Revised June 2002 – JW/JC. Approved by the Personnel Commission on October 17, 2002

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